

LIFE'S LIKE THAT

By FRED NEHER



"Why should I be ready for winter? I wasn't even ready for summer!"



BEST BUYS FOR THE WEEK

In Torrance Markets

Homemakers seldom have a wider selection at meat, poultry, and fish counters. It's hardly necessary to remind ourselves that chicken and turkey are in heavy supply. They are being "specialized" along with beef, lamb, pork, and veal. Veal is the one probably not in as general heavy distribution, but you will find it a pleasant change.

Veal needs long, slow cooking because it lacks fat and it has a lot of connective tissue. It is the flesh of a young animal and is tender, but the connective tissue toughens during cooking at high temperatures.

Veal is best either roasted or braised, and should always be cooked to the well-done stage. For oven roasting use 300°F. for 25 minutes to the pound. Boned, rolled shoulder takes 40 to 45 minutes per pound. The loin and rack should be timed at 30 to 35 minutes per pound.

A stuffed or rolled breast takes about 2 hours of braising. Plan 2½ hours for stew. Birds, chops, and steaks take about ¾ to 1 hour of braising.

The seafoods of the month remind us of approaching holidays, lobsters, lutwisk, oysters, and shrimp.

FRUITS AND VEGETABLES
We can't expect startling changes in fresh produce supplies. There's the usual list of hardy, winter fruits, and some tropical additions from other areas:

- APPLES
 - AVOCADOS
 - BANANAS
 - CRANBERRIES
 - GRAPES
 - GRAPEFRUIT
 - LEMONS
 - ORANGES, beautiful navel variety
 - PEARS
 - PERSIMMONS
 - TANGERINES
 - CHESTNUTS
 - PAPAYAS
 - PINEAPPLES
- Most abundant vegetables: cabbage, cauliflowers, corn, cucumbers, squash (banana and Hubbard), potatoes, onions, yams and sweet potatoes.

Supercharged Flavor . . . one of these days, we may get extra-flavored canned peaches. Food scientists at the Davis Campus of the University of California, find that consumers like canned peaches when they are far sweeter than most (close to upper limits allowed by federal food regulations), and like them even better when a little citric acid is added.

Conversation Piece Added to Library

A "conversation piece" has been added to the County Library's book collection in this region that could start tongues wagging from coast-to-coast.

It's a set of the telephone directories of most of the major cities in the country.

Now if one wants to know if John Doe or Richard Roe still lives in New York, and if so, where, all he has to do is visit the regional headquarters branch, the Torrance branch, at 1345 Post Ave., and check on the directories for Manhattan, Brooklyn, and the Bronx.

REGIONAL librarian Betty Lee Addison, who announced the new service, said those who desire information from the big books may come to the library and do their own checking, or

if preferred, may telephone. The collection represents 241 communities, including all of the state capitals, the 70 cities that were the largest when the last census was taken—most of the cities and towns in California, and even London, England.

In addition to the regular directories the classified directories of the 11 largest U. S. cities are included.

A STANDING order has been placed with the telephone companies for new editions as soon as they are released. When a new edition arrives, the old one is placed in the Manhattan Beach branch.

Miss Addison said the collection is used heavily by business and industry.

Woman Speaks to Group At Toastmasters Club

"Women are excellent judges of men speakers," said Helen Anderson of Hawthorne in a talk presented at a recent meeting of South Bay Toastmasters Club 280, held at the Redondo Beach Elks Club.

Miss Anderson cautioned the all-male audience that women judge men speakers by four basic expressions. These are: physical appearance, the voice, the language they use, and their ability to hold the interest of their listeners.

The unusual interest displayed by guests attending the course on "Effective Speaking and Presentation," now being

held each Wednesday evening at 6:45 prompted President Thomas Eadie to announce an added attraction which will feature a talk on "Overcoming Your Fear of the Audience."

James McDonald, a resident of Manhattan Beach, has been selected to speak on the subject.

Fred Strible of Manhattan Beach won the formal speech session with a talk on "Is Pressure Our Heritage?"

Second place went to Don Edwards of Redondo Beach for his speech on "More Money and More For It."



BETTER BUYS

For More Variety and Better Buys Shop Lucky! You'll Find Your Fo



BONDED for flavor and tenderness



BONDED for flavor and tenderness

Pork Loin Roast

Rib End . . . 3 to 4 lbs . . . LUCKY BONDED. Lucky "Bo" that makes any meal a banquet . . . tenderly browned . . . to end, with lean succulent pork. That's what makes Luck is special too. Lucky Bonded Pork Loins are the budget-b

Farmer John

Here's the ultimate in fine ham eating . . . absolutely no buy on the market today . . . the flavor is delicious, for us, the meat firm and solid and the price is low.

Lamb Shoulder

Discover the delicious eating enjoyment in Lucky's want to include it often in your menu . . . its tops in ea

Birds Eye

Chicken-Turkey-Roast Beef

Gold Medal Crisco M.J.B. Spaghetti

STOKELY PEAS 303 Can

STOKELY GOLD CORN Whole Kernel

STOKELY FRUIT COCKTAIL 303 Can

LIBBY SAUERKRAUT 303 Can

HUNTS TOMATO SAUCE 8 oz. Can

SPRINGFIELD PEACHES 2½ Can

SPRINGFIELD APRICOTS Whole Unpeeled

KRSIPY CRACKERS 1 lb. Box

CAMPBELL SOUPS Vegetable Base Varieties 10½ oz. Can

WESTON PIZZA CRACKERS 6½ oz. Box

Manning's Bakery

APPLESAUCE CAKE Reg. 79¢ each. Spicy butter cake with juicy apples and raisins, wonderful keeping qualities.

DANISH NUT COFFEE CAKE Reg. 49¢ each. Delicious Danish butterhorn dough with cherry walnut cream filling.

PRICES EFFECTIVE 7-FULL DAYS! Thursday, Dec. 7 thru Wednesday, Dec. 13

EXTRA FANCY WINESAP Apples

Extra fancy Northwest Winesaps . . . Crisp! Flavorful! Good for any dish that calls for apples.

3 lbs. 29¢

DOUGLAS FIR CHRISTMAS TREES WILL BE ON SALE TUES. DECEMBER 12th AT LOWEST PRICES!

Choose your Christmas Tree from Lucky and Hiram's wonderful selection of the greenest pinest Douglas Firs in California. Sizes for every family—3 to 10 Feet. On display at all Lucky & Hiram's Tues., Dec. 12th. Don't buy until you check our lower prices!



Grapefruit

Extra sweet 'n juicy . . . well worth a special trip.

TEXAS REDS

5 for 25¢

Pineapple

Sweet and ripe . . . enjoy this exotic food at this low price.

HAWAIIAN GROWN

1 lb. 10¢

Green Onions & Radishes

Large sparkling-fresh bunches . . . for inviting tossed green salads.

3 bun. 14¢

Bell Peppers

Extra fancy large size . . . Serve stuffed for an economical meal.

1 lb. 15¢

Surf Giant Box 79¢

Rinso Blue Giant Box 79¢

Lux Liquid 22 oz. Bottle 65¢

Lux Soap Reg. Bar 3 for 29¢

Lux Soap Bath Bar 2 for 29¢

Wisk Liquid Quart Can 69¢